

# Altitude camp

# Data sheet <u>PETZL ALTITUDE CAMP 2022</u>

# DESCRIPTION

Embark on a unique experience at altitude. 24 hours in the heart of the Mont-Blanc massif, at the Col du Midi. At the Aiguille du Midi cable car you will be met by guides and athletes from the Petzl team to reach the bivouac site. In the alpine tradition, the bivouac is ephemeral, set up at dusk and dismantled at dawn. No trace of the bivouac will be left behind, discretion and respect for the site are required. A mess tent will be set up in the middle of the camp where you will sleep alone or in pairs (depending on your choice). After setting up camp, we head to the Cosmiques Refuge for dinner with your fellow climbers and guides. The evening will continue with film screenings and talks by Petzl team athletes!

The next morning, after dismantling the bivouac, take part in educational workshops, specially designed for you, with the aim of passing on as much information as possible to help you progress and become independent in the high mountains.

Please note that the number of places is limited, only 20 people will have the chance to go to the Petzl Altitude Camp on Thursday 16 June & Friday 17 June.

# • SITUATION DU CAMP

The camp will be located in the Col du Midi area. Twenty individual tents and one Samaya base-camp type collective tent will be set up close to the Cosmiques refuge. In order to keep the bivouac spirit and in respect of the regulations of the Massif du Mont Blanc, the camp will be set up each evening and then dismantled in the morning.

#### Mentions légales

### PROGRAM AND FEES

The Petzl Altitude Camp will take place on thursday 16th and Friday 17th June, leaving at 3pm and returning at the same time the following day.

#### EQUIPMENT TO BE PROVIDED

For the night in a bivouac, you must bring :

- self-inflating mattress
- duvet at least -10°C
- headlamp
- semi-automatic crampon boots or ski boots for skiers
- warm clothes for the evening such as a down jacket, tights and thermal underwear
- medication and personal items.

This equipment is in addition to that provided for each workshop.

#### 24-HOUR PROGRAMME

- 3PM : Meet at the Plan B hotel. Welcome and meeting with the guide in charge of the camp, introduction to the program, meet with the other participants. Distribution of Petzl equipment. Equipment check, distribution of the equipment to be taken up the mountain.

- 3.40PM : Departure for the Aiguille du Midi

- 4PM : Arrival at the summit of the Aiguille du Midi. Equipment check before the roped descent of the ridge, walk to bivouac site.

- 4.45PM : Arrival at the camp. Welcome drink offered by Samaya®, meeting & exchange with athletes and guides. Creation of workshop groups.

- 5PM : Briefing from guides for the next day (info on following morning, information from the guides on the level of their groups etc...)

- 6PM: Ascent to the Cosmiques Refuge for dinner.

6.15pm: Presentations & exchange with athletes.

- 7PM : Dinner.

- 8PM : Film screenings and discussions with the Petzl Team at the refuge.

- 10 PM : Last screenings and return to the camp for the night.

Following day

- 5.15 AM : Breakfast / packing tents

- 6 AM : Leave for workshops

End of the morning: return to the camp to collect your belongings then return to Chamonix with the Aiguille du Midi cable car.

#### Mentions légales

#### DATES (of your choice) :

- Thursday, the 16th of June 2022

- Friday, the 17th of June 2022

#### PRICE : 360 € /pers.

#### The price includes :

- Supervision by mountain guides.
- Aiguille du Midi cable car and Panoramic Mont-Blanc round trip

- The loan of technical equipment as described in the section 'Safety equipment provided by Petzl'.

- Full board accommodation at Petzl Altitude Camp and dinner at the Cosmiques hut (duvets and mattresses not provided).

- Logistics and transport of materials to the camp
- Presentations and film screenings
- Participation in one of the three technical workshops offered.

#### Mentions légales

## • PETZL ALTITUDE CAMP WORKSHOPS (of your choice)

#### • WORKSHOP 1 : GLACIER SKIING

- Location : Vallée Blanche then up to Helbronner

- Pax : 6 max

#### Who is it for?

Experienced ski tourers with a good level of skiing in all types of snow competent offpiste skiers.

The snow will be hard in the morning and will require good control. This workshop is not an initiation to ski touring but an improvement for those who want to ski on glaciers. Fitness wise, you need to be able to do 1000m vertical climb in a day.

#### Ski equipment to bring

Ski touring skis, hiking boots, poles, skins, couteaux, arva, shovel, probe.

#### What to bring (in addition to the equipment for the night in the tent)

Hat, sunglasses, goggles, sun cream, baselayer such as a technical tee shirt, fleece, down jacket, gore tex windproof jacket, two pairs of gloves (one thick for the descent and one thin for the ascent), ski socks, 30 to 45 litre mountain backpack, water bottle or 11 thermos.

#### Safety equipment provided by Petzl

Helmet, harness, ice axes, crampons, micro traxion, 120 sling, ropes, 2 ice screws, 3 screw carabiners, 30m glacier rope.

#### What will you learn?

Explanation fundamentals of of the glacier skiing. Ski skins off teaching. Skinnina and taking on the glacier. Equipment to bring, roped skiing, holding a fall in a crevasse, reading routes on a glacier.

#### Itinerary (to be specified with the guide)

Descent to the Vallée Blanche then up to Helbronner.

#### Duration and timetable

Departure at 6am, and return to Chamonix in the early afternoon.

#### Mentions légales

#### • WORKSHOP 2 : RIDGE CLIMB

- Location : Cosmiques bridge

#### - Pax : 6 max

#### Who is it for?

Amateur mountaineers who have already completed an arête-type mountain climb as a second in a rope party and who want to learn how to lead climb. To know the basic equipment, belays, use of the reverso, abseiling. Know the classic knots (eight, capstan...). Able to put on your crampons, harness, and the use of basic equipment. This is not an initiation to ridge running but an improvers workshop.

#### What to bring (in addition to the equipment for the night in the tent)

Hat, sunglasses, ski goggles, sun cream, baselayer such as a technical tee shirt, fleece, down jacket, gore tex windproof jacket, two pairs of gloves (one thick for the descent and one thin for the ascent), ski socks, 30 to 45 liter mountain backpack, water bottle or 11 thermos. Boots that take semi automatic crampons.

#### Safety equipment provided by Petzl

Helmet, harness, ice axes, crampons, micro traxion, 120 sling, ropes, 2 ice screws, 3 screw carabiners, glacier rope 30m.

#### What will you learn?

Roping up on a ridge. Equipment required. Techniques for progressing on a ridge with a tight rope or by creating belays, basic knots to use, placing of belay devices and use of the terrain to move safely. Setting up a belay on a ridge. Interpretation of the terrain.

#### Duration and timetable

Leave at 6.00am from the camp in the direction of the Cosmiques ridge, the start of which is located a few meters from the camp, to reach the Aiguille du Midi. Return to Chamonix by cable car at the end of the morning.

#### Mentions légales

#### • WORKSHOP 3 : GLACIER HIKING AND CREVASSE RESCUE

- Location : Vallée Blanche then up to Helbronner

#### - Pax : 6 max

#### Who is it for?

People in good overall physical shape and have good experience of mountain walking on all types of terrain. Previous experience of walking with crampons roped on a glacier is preferable. You must know how to tie a rope knot and put on your crampons by yourself.

#### What to bring (in addition to the equipment for the night in the tent)

Hat, sunglasses, ski goggles, sun cream, baselayer such as a technical tee shirt, fleece, down jacket, gore tex windproof jacket, two pairs of gloves (one thick for the descent and one thin for the ascent), ski socks, 30 to 45 liter mountain backpack, water bottle or 11 thermos. Boots that take semi automatic crampons.

#### Safety equipment provided by Petzl

Helmet, harness, ice axes, crampons, micro traxion, 120 sling, ropes, 2 ice screws, 3 screw carabiners, glacier rope 30m.

#### What will you learn?

Moving on a glacier. What equipment to take. Techniques for roping up on a glacier. Use of crampons and ice axe. Interpretation of the terrain. Crevasse rescue: pulley system and getting out of a crevasse.

#### Programme

Meet with the guide and briefing the day before. Leave camp at 6h towards Pointe Helbronner crossing the Vallée Blanche.

#### Timetable

Departure at 6am, return by 11.30am to the Aiguille du Midi via the Panoramic Mont-Blanc.

#### Mentions légales

#### • WORKSHOP: LONG ROUTE CLIMBING

- Lieu : éperon des Cosmiques (6A) & south face of l'Aiguille du Midi (6B)

#### - Pax : 2 max.

#### Who is it for?

People with good overall physical fitness and with good experience of outdoor climbing. After about ten pitches on exceptional orange granite, an abseil will drop you on the south terrace of the Aiguille du Midi. This is aimed at climbers who are technically comfortable on 5c/6a.

#### What to bring (in addition to the equipment for the night in the tent)

Hat, sunglasses, ski goggles, sun cream, baselayer such as a technical tee shirt, fleece, down jacket, gore tex windproof jacket, two pairs of gloves (one thick for the descent and one thin for the ascent), ski socks, 30 to 45 liter mountain backpack, water bottle or 11 thermos. Boots that take semi automatic crampons.

#### Safety equipment provided by Petzl

Helmet, harness, ice axes, crampons, micro traxion, 120 sling, ropes, 2 ice screws, 3 screw carabiners, glacier rope 30m.

#### What will you learn?

Learn rope management and belay techniques for multi pitch climbing **Timetable** 

Leave at 6am, finish around 11.30am at the Aiguille du Midi.

#### Mentions légales